



CLASS SCHEDULE

Starts
5 AUGUST 2024

Class	Mon	Tue	Wed	Thu	LEADERSHIP Friday
Boomer Qigong Adults Only		10:00 AM		10:00 AM	
Basic W-Y Belts	4:00 PM	6:00 PM	4:00 PM	6:00 PM	5:00 PM Leadership Only*
Intermediate Camo-Purple	5:00 pm	4:00 pm	5:00 pm	4:00 pm	5:00 pm
Intermediate Blue-1BR	5:00 pm	7:00 pm	5:00 pm	7:00 pm	7:00 PM
Advanced Black Belts	6:00 PM Black Only		6:00 PM Black Only		7:00 PM
Leadership & SWAT TEAM		5:00 PM		5:00 PM	6:00 PM
LEGACY TEAM DELTAS					6:00 PM
KRAV MAGA Adults Only	7:00 PM		7:00 PM		
Saturdays are reserved for Groups/Events Ask about hosting details			ATA Whites for Classes & Formal Events Blacks for Leadership & Legacy students RED SUIT LEGACY only		

Private Lessons are available by Appointment

LEGACY TEAM: MONTHLY SEMINAR AND UNLIMITED CLASSES